

What's on 2016

Charity and Health Calendar: Awareness and Fundraising Events

<u>EVENT</u>	<u>DATE</u>	<u>MORE INFORMATION</u>
January		
Launch of Unicef Day for Change	1 January 2016	Link to find out more
Dry January	January 2016	Link to find out more
WaterAid Just Water Challenge	4 January 2016	Link to find out more
Big Schools' Birdwatch	4 Jan – 12 Feb 2016	Link to find out more
National Obesity Awareness week	11-17 January 2016	http://www.jan-u-ary.co.uk/
Cervical Cancer Prevention Week	24-30 January 2016	Link to find out more
IOF Fundraising for Hospices Conference	25 January 2016	Link to find out more
Holocaust Memorial Day	27 January 2016	http://hmd.org.uk/page/about-hmd-and-hmdt
Woolly Hat Day – St Mungo's Broadway	29 January 2016	http://www.mungos.org/woollyhatday
World Leprosy Day	31 January 2016	https://www.lepra.org.uk/world-leprosy-day
February		
World Cancer Day	4 February 2016	http://www.worldcancerday.co.uk/
British Heart Foundation Wear It. Beat It.	5 February 2016	https://wearitbeatit.bhf.org.uk/
National Doodle Day (Epilepsy Action)	5 February 2016	http://doodle-day.epilepsy.org.uk/
National Heart Month	February 2016	Link to find out more
Go Green Week	8-13 February 2016	http://peopleandplanet.org/gogreenweek
Winston's Wish Great British Brekkie	8-14 February 2016	http://www.greatbritishbrekkie.org.uk/
GOSH (Great Ormond Street) Bad Hair Day	12 February 2016	Link to find out more
CHASE Charities and Associations Event	16-17 February 2016	https://www.conferencehouse.co.uk/chase-2016/
Brighton Half Marathon	28 February 2016	http://www.brightonhalfmarathon.com/
Eating Disorders Awareness Week	22 -28 February 2016	Link to find out more
World Thinking Day (Girl Guides & Scouts)	22 February 2016	http://www.girlguiding.org.uk
International Rare Disease Day	29 February 2016	http://www.rarediseaseday.org/
NCVO Funding Conference, London	29 February 2016	Link to find out more
Fairtrade Fortnight	29 Feb - 13 March 2016	http://www.fairtrade.org.uk/fortnight

March

Self Injury Awareness Day	1 March 2016	http://www.lifesigns.org.uk/siad/
IOF The Happy Fundraiser Event	2 March 2016	Link to find out more
Endometriosis Awareness Week	3-9 March 2016	https://www.endometriosis-uk.org/
No Smoking Day	9 March 2016	https://nosmokingday.org.uk
Adidas Silverstone Half Marathon	13 March 2016	https://www.adidashalfmarathon.com/
Bath Half Marathon	13 March 2016	http://bathhalf.co.uk/entries/
Schools' Autism Awareness Week	14-18 March 2016	Link to find out more
Ovarian Cancer Awareness Month	March 2016	http://ovarian.org.uk/
Prostate Cancer Awareness Month	March 2016	http://www.prostatecanceruk.org
Comic Relief Red Nose Day	Next will be March 2017	http://www.comicrelief.com/rednoseday
Sport Relief	18-20 March 2016	http://www.comicrelief.com/sportrelief
National Child Sexual Exploitation Awareness	18 March 2016	http://www.nwgnetwork.org/
Vitality Reading Half Marathon	20 March 2016	http://www.readinghalfmarathon.com
World Down Syndrome Day	21 March 2016	Link to find out more
World Water Day	22 March 2016	http://www.wateraid.org/uk
Wear a Hat Day – Brain Tumour Research	24 March 2016	http://www.braintumourresearch.org/wearahatday
Good Friday Bank Holiday	25 March 2016	https://www.gov.uk/bank-holidays
Epilepsy Society 'Purple Day'	26 March 2016	Link to find out more
Easter Monday Bank Holiday	28 March 2016	https://www.gov.uk/bank-holidays

April

Bowel Cancer Awareness Month	April 2016	http://www.bowelcanceruk.org.uk/
Paris Marathon	3 April 2016	http://www.schneiderelectricparismarathon.com/us/
Wolf Run	9 April 2016	Link to find out more
RHS National Gardening Week	11-17 April 2016	http://www.nationalgardeningweek.org.uk/
National Pet Month	April 2016	http://www.nationalpetmonth.org.uk/
Male Cancer Awareness Week (Orchid)	11-24 April 2016	Link to find out more
Dalai Lama Trek	14 - 24 April 2016	Link to find out more
Brighton Marathon	17 April 2016	http://www.brightonmarathon.co.uk/
Parkinsons Awareness Week	18 April -24 April 2016	Link to find out more
NCVO Annual Conference, London	18 April 2016	Link to find out more
Earth Day	22 April 2016	http://www.earthday.org
Virgin Money London Marathon	24 April 2016	Link to find out more
Glasgow Kilt Walk	24 April 2016	https://theglasgowkiltwalk2016.eventdesq.com/
Depression Awareness Week	Date tbc April 2016	http://www.depressionalliance.org/
Allergy Awareness Week	25 April -1 May 2016	https://www.allergyuk.org/
Charity Content Marketing Conference	28 April 2016	Link to find out more

May

Early May Bank Holiday	2 May 2016	https://www.gov.uk/bank-holidays
Belfast City Marathon	2 May 2016	http://www.belfastcitymarathon.com/about
Deaf Awareness Week	2-8 May 2016	http://deafcouncil.org.uk/deaf-awareness-week
International Day of Midwives	5 May 2016	http://www.rcm.org.uk

Humber Big Bounce	8 May 2016	Link to find out more
Dying Matters Awareness Week	9-15 May 2016	http://www.dyingmatters.org/YODO
Action for Brain Injury Week	9-15 May 2016	Link to find out more
The Moonwalk London	14 May 2016	Link to find out more
Dementia Awareness Week	15-21 May 2016	https://www.alzheimers.org.uk/remembertheperson
Mental Health Awareness Week	16-22 May 2016	Link to find out more
National Epilepsy Week	18-24 May 2016	http://www.epilepsy.org.uk
Macmillan Adrenaline Rush London	21 May 2016	http://www.theadrenalinerush.com/venues/london
World MS Day	25 May 2016	http://www.worldmsday.org/
Wear it Wild for WWF	27 May 2016	Link to find out more
Women V Cancer Ride the Night	28 May 2016	Link to find out more
Birmingham Pride	28-29 May 2016	http://www.birminghampride.com/
Edinburgh Marathon Festival	28-29 May 2016	http://www.edinburghmarathon.com/
Bupa London 10,000	30 May 2016	https://www.london10000.co.uk/
Spring Bank Holiday	30 May 2016	https://www.gov.uk/bank-holidays

June

Volunteers' Week	1-7 June 2016	http://volunteersweek.org/
TrekFest, Brecon Beacons	4-5 June 2016	http://www.trekfest.org.uk/
World Environment Day	5 June 2016	http://www.unep.org/wed/activities/
World Oceans Day	8 June 2016	http://www.worldoceansday.org/
Carers Week	6-12 June 2016	http://www.carersweek.org
Child Safety Week	6-12 June 2016	http://www.childsafetyweek.org.uk/about/
The Moon Walk Scotland	11 June 2016	Link to find out more
RSPCA Week	Date tbc June 2016	http://www.rspca.org.uk/getinvolved/rspcaweek
Learning Disability Week	13-19 June 2016 tbc	https://www.mencap.org.uk
World Blood Donor Day	14 June 2016	http://www.blood.co.uk/
Loud Shirt Day (Auditory Verbal UK)	17 June 2016	http://www.avuk.org
Autistic Pride Day	18 June 2016	http://www.autism.org.uk/
BHF London-Brighton Bike Ride	19 June 2016	Link to find out more
World Refugee Day	20 June 2016	http://www.unhcr.org/refugeeday/
Glastonbury Festival	22-26 June 2016	http://www.glastonburyfestivals.co.uk/
Macmillan Adrenaline Rush Leeds	25 June 2016	http://www.theadrenalinerush.com/venues/leeds
Capital to Coast London-Brighton Bike Ride	26 June 2016	https://capitaltocoast.org.uk/pages/
Diabetes Week	Date tbc June 2016	https://www.diabetes.org.uk
Recycle Week	Date tbc June 2016	http://www.recyclenow.com/
Breathe Easy Week (British Lung Foundation)	Date tbc June 2016	https://www.blf.org.uk
Rheumatoid Arthritis Awareness Week	Date tbc June 2016	http://www.nras.org.uk/ra-awareness-week
Wrong Trousers Day	Date tbc June 2016	https://wallaceandgromitcharity.org/
Motor Neurone Disease Awareness Month	June 2016	Link to find out more
Wildlife Trusts 30 Days Wild	June 2016	http://www.wildlifetrusts.org/30DaysWild

July

National Fundraising Convention	4-6 July 2016	Link to find out more
Disability Awareness Day	10 July 2016	http://www.disabilityawarenessday.org.uk/
British 10k London Run	10 July 2016	http://www.thebritish10klondon.co.uk/
World Population Day	11 July 2016	http://www.unfpa.org/
Iron Man UK	17 July 2016	Link to find out more
London to Paris Cycle Tour de France edition	20-24 July 2016	Link to find out more
Oxfam Trailwalker (South Downs)	22-24 July 2016	http://www.oxfam.org.uk/Trailwalker
24/7 Samaritans Awareness Day	24 July 2016	http://www.samaritans.org/
World Hepatitis Day	28 July 2016	http://worldhepatitisday.org/
Race for Life	Various July 2016	http://raceforlife.cancerresearchuk.org/index.html
Prudential RideLondon-Surrey 100	31 July 2016	Link to find out more

August

Brighton Pride	5-7 August 2016	http://www.brighton-pride.org/
Macmillan Adrenaline Rush Manchester	6 August 2016	Link to find out more
The Mudnificent Seven, Coventry	13 August 2016	Link to find out more
World Humanitarian Day	19 August 2016	Link to find out more
Parkinsons South Coast Challenge	27-28 August 2016	Link to find out more
Summer Bank Holiday	29 August 2016	https://www.gov.uk/bank-holidays

September

International Day of Charity	5 September 2016	http://www.un.org/en/events/charityday/
NCVO Research Conference, Nottingham	8-9 September 2016	Link to find out more
Hadrian's Wall Trek	9-11 September 2016	Link to find out more
World Suicide Prevention Day	10 September 2016	www.samaritans.org
Walk The Walk Thames Path Challenge	10-11 September 2016	Link to find out more
Great North Run	11 September 2016	http://www.greatrun.org/great-north-run
Brighton and Hove Triathlon	11 September 2016	Link to find out more
National Dementia Carer's Day	Date tbc September 2016	http://www.alzheimers.org.uk
Lymphatic Cancer Awareness Week	Date tbc September 2016	http://www.lymphomas.org.uk/
Sexual Health Week (FPA)	12-18 September 2016	Link to find out more
AWSELVA Animal Welfare Conference	19-21 September 2016	Link to find out more
Meningitis Awareness Week	19-25 September 2016 tbc	http://www.meningitis.org/
Jeans for Genes Day	Date tbc September 2016	http://www.jeansforgenesday.org/
World Alzheimer's Day	21 September 2016	https://www.alzheimers.org.uk/
Macmillan World's Biggest Coffee Morning	23 September 2016 tbc	http://coffee.macmillan.org.uk/
Know Your Numbers! Week (Blood pressure)	Date tbc September 2016	http://www.bloodpressureuk.org/
National Eye Health Week	Date tbc September 2016	http://www.rnib.org.uk/
Baxters Loch Ness Marathon	25 September 2016	Link to find out more
World Heart Day	29 September 2016	www.bhf.org.uk
Urology Awareness Month	September 2016	http://www.theurologyfoundation.org/
Northern Ireland Stroke Awareness	September 2016	http://nichs.org.uk/

October

Cardiff Half Marathon	2 October 2016	Link to find out more
United Nations World Habitat Day	3 October 2016	http://urbanoctober.org/index_1.asp?pcd=2
World Animal Day	4 October 2016	http://www.worldanimalday.org.uk/
Royal Parks Foundation Half Marathon	9 October 2016	https://royalparkshalf.com/
London Bridges Challenge	9 October 2016	Link to find out more
World Sight Day	13 October 2016	http://www.sightsavers.org.uk
World Mental Health Day	Date tbc October 2016	http://www.mentalhealth.org.uk/
World Hospice and Palliative Care Day	Date tbc October 2016	http://www.hospiceuk.org/
World Arthritis Day	Date tbc October 2016	https://www.arthritiscare.org.uk/
Wear it Pink Day	Date tbc October 2016	http://wearitpink.org/
Make a Difference Day (volunteering)	Date tbc October 2016	www.csv.org.uk
Back Care Awareness Week	Date tbc October 2016	http://www.backcare.org.uk/
National Adoption Week	Date tbc October 2016	Link to find out more
Breast Cancer Awareness Month	October 2016	http://breastcancernow.org/
Department of Health Stoptober	October 2016	http://www.nhs.uk/smokefree/stoptober
ADHD Awareness Month	October 2016	http://www.adhdfoundation.org.uk/
Oxjam (Oxfam music events)	October 2016	http://www.oxfam.org.uk/oxjam

November

BBC Children in Need	11 November 2016	Link to find out more
World Diabetes Day	14 November 2016	http://www.diabetes.org.uk
World Prematurity Day	17 November 2016	http://www.bliss.org.uk/
Movember (Men's Health Awareness Month)	November 2016	https://uk.movember.com/
Lung Cancer Awareness Month	November 2016	https://www.blf.org.uk/Home
National Bullying Prevention Month	November 2016	http://www.antibullyingweek.co.uk/
Macmillan Borneo Hiking Challenge	19-27 November 2016	Link to find out more

December

World Aids Day	1 December 2016	http://stopaids.org.uk/
International Day of Persons with Disabilities	Date tbc December 2016	http://www.un.org/en/events/disabilitiesday/
Human Rights Day	Date tbc December 2016	https://www.amnesty.org.uk/
Text Santa	16 December 2016	http://www.itv.com/textsanta
Decembeard	December 2016	http://decembearduk.org/

Feedback

We have used a UK URL for further information wherever possible. Some events are related to several organisations, and hope our selection of a URL is fair. Any feedback on this calendar, please send to Kate at: kate@changestar.co.uk. Thank you.

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Who compiled this Charity What's On Calendar 2016?



[ChangeStar](#) is a social change agency helping good causes connect with people to do good things – including giving money, campaigning, volunteering and changing their behaviour.

We partner with our clients in fundraising, campaigning, communications, data, consulting and research – across all media channels. We love to help clients pull all these disciplines together to provide a unified, integrated approach to supporter communications.

We do this so that the causes we care about can create a more sustainable, fair and enlightened world.

We hope that this UK charity diary will help publicise fundraising events, thereby raising money for great causes.

Call us to discuss your voluntary sector communications brief on 01273 964018.

We'd also love your following on Twitter at [@changestartweet](#)